

RESOLVING CONFLICT IN A POSITIVE WAY

CONFLICT

- *Conflict is a normal part of life. When we learn to deal with conflict appropriately, life is better for you and the people around you.*

WHAT HAPPENS WHEN CONFLICT IS NOT RESOLVED APPROPRIATELY?

- *Things get worse*
- *People feelings get hurt*
- *People get hurt*

THE WRONG LESSONS WE LEARN FROM TELEVISION AND MOVIES

- *If someone insults you, insult them back (fight fire with fire)*
- *Violence solves the problem*

WHAT YOU CAN SAY WHEN YOU HURT SOMEONE'S FEELINGS

- *Sorry*
- *Oops*
- *I didn't mean to do that*
- *I didn't mean to hurt your feelings*

THE BYSTANDER is the person who watches something happen, but doesn't get involved.

The bystander can make all the difference

- *If a bystander laughs, the victim thinks the bystander is taking the aggressor's side.*
- *If a bystander does nothing the aggressor may take that as a sign of approval.*
- *In most cases, if a bystander speaks up when they see a person being hurtful to another person, the person stops.*

Things a bystander can say to help:

- *That's not cool.*
- *We don't do that here*
- *I don't think that was fair to (person's name).*
- *Ouch !*
- *That sounded awful*
- *That must have hurt (person's name)*

CHALLENGE:

What will YOU do to help make your home or your classroom a better place?